



Dear Community Partner,

McDowell Wellness Center is excited to once again be leading our community Get Moving Challenge. Our past Get Moving Challenges have engaged 800-1000 participants each and our newsletters currently go out to over 2000 people. We have had fantastic feedback as participants are grateful for the extra motivation and accountability as well as health information.

The 2023 Get Moving Challenge begins April 16 and ends May 27. Our focus this year is on heart health. The challenge is free to participants and in order to encourage participation, we will once again be awarding weekly prizes and grand prizes at the end of the event. We will also provide a Get Moving t-shirt for participants who complete the challenge with at least 5 of the 6 weeks of physical activity minutes. The back of the t-shirt will display our t-shirt sponsors with placement similar to the image below with small variation depending on the number of sponsors at the various levels.



Sponsorship Levels:

- Platinum: \$1000
- Gold: \$500
- Silver: \$250
- Bronze: \$125

Please consider becoming a t-shirt sponsor and/or donating prizes for the challenge. All donations are tax deductible and you will be recognized on the Ephraim McDowell Health Facebook page and in our newsletters. Our tax id number is 31-1545520. We are requesting the donations by April 30. If you are interested in partnering with us, please contact

Janet Fluty at (859) 936-7225 or jfluty@emhealth.org or complete the information below and mail it to McDowell Wellness Center, 1107 Ben Ali Drive, Danville, KY 40422. Thank you so much for your consideration and support.

Sincerely,
Dee Minor, Director
McDowell Wellness Center



Business Name: _____

Contact person: _____ phone: _____

Address: _____

Item(s): _____ Value: \$ _____

(Please may checks payable to McDowell Wellness Center)